Holtsmere End Infant and Nursery School

PSHE Policy

Date: March 2025

Signed:

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Jane Bisseker – Chair of Governors

PSHE AND CITIZENSHIP POLICY

Rationale

This area of the curriculum aims to promote the overall spiritual, moral, social, mental, physical and cultural development of children. This will prepare children for the opportunities, responsibilities and experiences during their time in school and in later life.

1 Aims and Objectives

Personal, social and health education (PSHE) and citizenship enable children to:

- become healthy, independent and responsible members of society.
- to play a positive role in contributing to the life of the school and the wider community.
- develop their sense of self-worth.
- know and understand what constitutes a healthy lifestyle.
- be aware of safety issues.
- understand what makes for good relationships with others.
- be independent and responsible members of the school community.
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- develop good relationships with other members of the school and the wider community.
- Be aware of safety issues including online safety.

We teach children how society is organised and governed. We ensure that they experience the process of democracy throughout the school in decision making at class level up to whole school level taking account of the age and capabilities of each child.

2 Teaching and learning style

We use a range of teaching and learning styles to meet the requirements of the new National Curriculum.
We place emphasis on active learning by:

- including the children in discussions, investigations and problem solving activities.
- encouraging the children to take part in a range of practical activities that promote active citizenship, e.g. the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves.

- encouraging pupils to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour.
- offering children the opportunity to hear speakers, such as health workers, police and representatives from the local church, who talk about their role in creating a positive and supportive local community.
- we also believe it is important to model appropriate behaviour ad actions to children and ensure all adults in the school are appropriate role models.

At Holtsmere we use the 'Jigsaw' resource which is a unique, spiritual, progressive and effective scheme of work, aiming to prepare children for life, helping them really know and value who they truly are and understand how they relate to other people in this ever-changing world. Jigsaw covers all areas of PSHE including statutory Relationship and Health Education (see separate Relationships policy).

3 PSHE and Citizenship Curriculum Planning

PSHE is integral to all teaching and is incorporated in most lessons. It is taught in a variety of ways and in most cases is linked to topic work in each year group. All children will also receive direct PSHE teaching and this will be linked to the Jigsaw planning and resources. All children will receive direct PSHE teaching during a weekly lesson.

Teachers ensure that all pupils are fully involved in PSHE lessons by using a variety of interactive and participatory teaching methods. These methods include strategies such as creative thinking, literacy, discussion, drama, role play, debate, group work, IT, surveys, media analysis, peer education and questionnaires.

Most of the curriculum will be covered through our integrated approach using our curriculum map that provides the curriculum framework in each year group. We recognise that all children have widely differing abilities and so provide suitable learning opportunities for all children. The teacher may use teaching assistants to help in delivering the lesson or supporting small manageable groups of children.

4 Early Years Foundation Stage (EYFS)

We teach PSHE and Citizenship in reception and nursery classes as an integral part of the topic work covered during the year. As the reception and nursery classes are part of the Early Years Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and Citizenship matches the aim of developing a child's Personal, Social, and Emotional Development (PSED) as set out in the ELGs. We also support Citizenship education in reception and nursery classes whilst we are teaching the area of Understanding the World (UW).

5 Meeting the Needs of Individual Children

In our school, we teach PSHE and Citizenship to all children, regardless of their ability. When teaching PSHE and Citizenship we take into account the targets set for the children in their Assess Plan Do Review documents (APDR). We provide learning opportunities matched to the needs of all children including the very able, those with barriers to learning and participation and those with different cultural or linguistic origins.

6 Assessment and Recording

Our curriculum planning is in three phases – long, medium and weekly. To inform our planning we use the EYFS Early Years Foundation Stage, the National Curriculum framework for PSHE and Citizenship at KS1 and JIGSAW resource.

Assessing the children's work in PSHE and citizenship is achieved by making judgments as they are observed during lessons and tasks that have been set. The information gathered is used to inform planning and helps teachers to set individual pupil targets.

7 Resources

We keep resources for PSHE and Citizenship in a central store. We have additional resources in the library with a dedicated basket of appropriate books to share including recommended books from 'The Empathy lab'.

8 Monitoring

The PSHE and Citizenship Leader is responsible for monitoring the standards of children's work and the quality of teaching. We have access to the online Jigsaw portal which is continually updated, therefore keeping staff up to date with any developments in the subject.
The Subject leader supports colleagues in the teaching of PSHE and Citizenship by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. An annual summary evaluates the strengths and weaknesses in the subject and indicates areas for further improvement.

9 Review

This policy will be reviewed bi-annually by the staff and curriculum committee.

March 2025

Please also read the Relationships policy.