

Lunch Menu

Week 1



W/C - 02/11, 23/11, 14/12, 04/01, 25/01, 15/02, 08/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger GL-So-Se	Margherita Pizza G- M-So- E	Roast Chicken	Vegetarian Meatballs in Tomato Sauce G- M-So	Golden Fish Fingers F- G
 Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G
Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E
SELECTION OF FILLED SANDWICHES SERVED DAILY - TUNA MAYO, CHEDDAR CHEESE, HAM				
Chocolate Crispy Cake G-So-M	Jelly & Fruit Slices  	Shortbreads G	Fruit Salad  	Vanilla Ice cream m
SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY				

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



W/C - 09/11, 30/11, 21/12, 11/01, 01/02, 22/02, 15/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and rice	Cheese and tomato pizza pinwheels G- M-E-SO	Roast Gammon	Minced beef and mash G	Golden Fish Fingers F- G
Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G
Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E
SELECTION OF FILLED SANDWICHES SERVED DAILY - TUNA MAYO, CHEDDAR CHEESE, HAM				
Vanilla Sprinkle Sponge G-E-M	Watermelon Sticks	Chocolate & Vanilla Shortbread G	Fruit Bowls	Vanilla Ice cream m
SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY				

Icon
Key



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut

Lunch Menu

Week 3



W/C - 16/11, 07/12, 28/12, 18/01, 08/02, 01/03, 22/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheesy Macaroni Pasta Bake G- M-Mu	Veggie burger G-Se	Roast chicken	Chicken noodles G-SO-E	Golden Fish Fingers F- G
 Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G	Penne Pasta with Homemade Tomato Sauce G
Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E	Jacket Potato with Cheese or Baked Beans or Tuna Mayo G - M - F - E
SELECTION OF FILLED SANDWICHES SERVED DAILY - TUNA MAYO, CHEDDAR CHEESE, HAM				
Sprinkle Shortbread G	Fruit Bowl	Vanilla Sponge cake G-E-M	Jelly & Fruit Slices	Vanilla Ice cream m
SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY				

Icon
Key



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut